

## Family of 1-2

1-breakfast item. Cereal or Oatmeal or pancake mix. **One only**. The exception is when we have individual boxes

2-soup

2-pasta

1-small bag rice

6- canned vegetables total, includes dry beans or pasta sauce

1-peanut butter

2-tuna

1-canned fruit or apple sauce

1-small grape juice (apple juice on request)

1-produce bag

1-chicken

1-eggs

Ask if family wants salmon when available

## Family of 3-4

1-breakfast item. Cereal or Oatmeal or pancake mix. **One only**. The exception is when we have individual boxes

3-soup

3-pasta

1-small bag rice

8-- canned vegetables total, includes dry beans or pasta sauce

1-peanut butter

3-tuna

1-canned fruit or apple sauce

1-small grape juice (apple juice on request

1-produce bag

1-chicken

1-eggs

Ask if family wants salmon when available

## Family of 5 and up

1-breakfast item. Cereal or Oatmeal or pancake mix. **One only**. The exception is when we have individual boxes

3-soup

3-pasta

1-large bag rice

6- canned vegetables total, includes dry beans or pasta sauce

1-peanut butter

3-tuna

1-canned fruit or apple sauce

1-large grape juice or apple juice

2-chicken

2-eggs

Ask if family wants salmon when available

