

# Compassion and Hope in Aging, Illness and at Life's End

A 4-Day English Language Certificate Seminar in Israel for Community Professionals and Leaders

# ■ DAY 1 ■ Caring for the Professional...Caring for Yourself

- Welcome: What's your Approach to Life?
- Quality of Life: Ripples in the System
- Mindfulness and the Burning Bush: Chavruta Learning
- Jerusalem of the Soul: A Reflective Journey in the Old City

## ■ DAY 2 ■ "Daring" to Communicate Within our Diversity

- Words and Music: Surpassing Boundaries
- Value Driven Decision Making: The Conversation Project
- Holocaust Survivors, Second and Third Generations: Closing the Circles

#### **Upcoming Seminar Dates**

**Register for the** 

**Upcoming Launch** 

**Seminar and Join** 

the CCCT Global

**Network of Caring** 

- June 11 to 14, 2018
  (NEW JERSEY ONLY)
- October 22 to 25, 2018
- January 28 to 31, 2019

# ■ DAY 3 ■ Community: Creating Meaningful Connections (Off-Site)

- Maalot–Dignity: Models of Integrating Spiritual Care
- Paradigm Shift in Offering Quality of Life for Elderly: Site Visit to Residential Center
- Volunteer Community Empowerment: Hearing the Voices and Shared Learning

## ■ DAY 4 ■ Moving from the Old Paradigm of Hope = Cure

- Hope Enhancement Workshop
- Using the Toolkit: Case Discussions
- Sharing, Insights and New Understandings
- Closing Dinner and Wrap-Up

To explore becoming a CCCT host organization or to attend the upcoming CCCT Launch Seminar please contact Cecille Asekoff, Director of Global Initiatives/Life's Door at 973-929-3168 or casekoff@jfedgmw.org

Engaging Community • Enhancing Family • Enriching Lives •



Developed in collaboration with

