

Creating a Caring Community TOGETHER



Compassion and Hope in Aging, Illness and at Life's End

A 4-Day English Language Certificate Seminar in Israel for Community Professionals and Leaders

■ DAY 1 ■ Caring for the Professional...Caring for Yourself

- Welcome: What's your Approach to Life?
- Quality of Life: Ripples in the System
- Mindfulness and the Burning Bush: Chavruta Learning
- Jerusalem of the Soul: A Reflective Journey in the Old City

■ DAY 2 ■ "Daring" to Communicate Within our Diversity

- Words and Music: Surpassing Boundaries
- Value Driven Decision Making: The Conversation Project
- Holocaust Survivors, Second and Third Generations: Closing the Circles

■ DAY 3 ■ Community: Creating Meaningful Connections (Off-Site)

- Maalot-Dignity: Models of Integrating Spiritual Care
- Paradigm Shift in Offering Quality of Life for Elderly: Site Visit to Residential Center
- Volunteer Community Empowerment: Hearing the Voices and Shared Learning

■ DAY 4 ■ Moving from the Old Paradigm of Hope = Cure

- Hope Enhancement Workshop
- Using the Toolkit: Case Discussions
- Sharing, Insights and New Understandings
- Closing Dinner and Wrap-Up

To explore becoming a CCCT host organization or to attend the upcoming CCCT Launch Seminar please contact Cecille Asekoff, Director of Global Initiatives/Life's Door at 973-929-3168 or casekoff@jfedgmw.org

• Engaging Community • Enhancing Family • Enriching Lives •

Register for the Upcoming Launch Seminar and Join the CCCT Global Network of Caring

Upcoming Seminar Dates

- October 22 to 25, 2018
- January 28 to 31, 2019
- May 20 to 23, 2019

 **Lifes Door** LTD (CC)
Coping with illness and loss

www.lifesdoor.org

Developed in collaboration with
 **Jewish Federation**
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