

# JOB TITLE: Therapist (Licensed) PROGRAM: Counseling Center POPULATION SERVED: Children & Adolescents, Adults, and Families FSLA STATUS: Exempt

# **POSITION SUMMARY:**

The Therapist, under the direction and supervision of the Program Manager, is responsible for the delivery and coordination of therapeutic services to clients enrolled in Jewish Family Services of Greater Charlotte, Inc. The Therapist is responsible for all functions related to managing, supporting, and facilitating appropriate services to meet the needs of clients and families.

# EMPLOYMENT CLASSIFICATION:

The Therapist is a full-time, exempt position.

### DUTIES/RESPONSIBILITIES: Direct Clinical and Case Management

- Provide individual, group, family therapy, or care coordination for clients.
- Conduct therapy assessments to determine the appropriate treatment needs of the clients and families and evaluate and assess ongoing treatment needs.
- Develop, coordinate, and facilitate therapy treatment planning to include formulation, reviews, and re-formulations as directed.
- Provide on-going therapy in the most appropriate setting to meet the clients needs, i.e. office, home or community setting.
- Develop and implement crisis stabilization plans.
- Conduct case management assessments to determine the financial, housing, medical, emotional, and physical needs of clients and families.
- Develop and implement short-term and long-term goals with case management clients, with the goal of long-term resolutions and self-sufficiency.
- Provide ongoing case management services to evaluate and reassess client and family progress with short and long-term goals and make modifications to these as necessary.
- Refer clients to appropriate community resources and advocate for or assist the client in obtaining such services.
- Where appropriate, conduct parenting classes and provide parenting support
- Attend appropriate community committee meetings as they relate to the needs of clientele as a part of treatment.
- Participate in on-call rotation as clinical therapist for JFS.
- Confer with Jewish clergy, and other community professionals regarding cases, as appropriate.
- Serve as a consultant regarding mental health and case management issues for members of the Jewish Community.



- Submit timely documentation and maintain accurate, complete clinical and case management documentation of all assessments, services, interventions, treatment plans, and client related activities, and prepare statistical data and reports as requested.
- Establish and maintain close working relationship with clients, families, and other community professionals.
- Maintain strict adherence to the standards and guidelines of all state and private Insurance Panels.
- Participate in and/or lead meetings with other professionals at JFS or in the community, as needed.
- Lead community outreach efforts, such as visits to schools, physicians, and community agencies, in an effort to market and grow programs and services.
- Coordinate and/or develop workshops and lecture series.
- Participate in all assigned staff and supervisory meetings as well as in service trainings and staff development activities.
- Provide Quality Assurance of clinical documentation and chart auditing for compliance purposes.
- Ensures that community resource information is kept updated and that staff is kept informed.
- Maintain compliance with professional licensing requirements, i.e. training and license renewal.
- Other duties as they relate to furthering the mission of Jewish Family Services.

# KNOWLEDGE OF:

- NASW Code of Ethics and Best Practices
- Public and Private resources available in the Greater Charlotte community.
- Bio-psychosocial approach to evaluating individuals and families.
- Expanded principles of psychology, social work, juvenile justice, and other social sciences.
- Mental Health assessment, diagnosis, and treatment.
- Crisis Intervention and management.
- Needs Assessment techniques and strategies.
- Problem-solving and conflict-resolution.
- Child welfare and adult abuse laws, regulations, and guidelines.
- Insurance documentation standards and guidelines.
- Individual, Group, Couples, and Family Therapy.

# **DEMONSTRATED SKILLS:**

- Adheres to NASW Code of Ethics in all practices.
- Communicate effectively, both orally and in writing.
- Ability to establish and maintain professional relationships and boundaries with client/families, staff and community agencies.
- Ability to plan, organize, and direct clinical and program activities.
- Use effective time management skills to complete required job duties.
- Ability to work independently, with minimal supervision.
- Develop, implement, and evaluate program and client goals and objectives.
- Conduct individual, family and community needs assessment; develop, implement, and evaluate related services.



- Strong analytical and problem-solving abilities. Effective use of individual, family, and group therapeutic techniques.
- Good computer knowledge and skills. Must be able to use Microsoft Office programs and electronic health record.

# **MINIMUM QUALIFICATIONS:**

Graduate of an accredited college or university with a Master's Degree in a Clinical Field. Two years of verified, full-time, post-graduate accumulated MH/DD/SA experience providing direct service to the population served. NC State licensure as LCSW preferred. Other Master's level licensed professionals may be considered based on acceptance from insurance payers.