Progress Measurement in Mental Health
1. Greenspace Overview
2. Defining Measurement Based Care
3. Questions for the Group about Current Practice
4. How Organizations are Leveraging the Data
5. Greenspace Platform Demo - Therapist / Client / Organization
6. Community of Practice Proposal
Greenspace Overview

Improve the measurement and evaluation of patient care.

Location: Toronto and New York
Traction:
• 3,000 + therapist users;
• 150 + organizations

Advisors:
Dr. Ryan Van Wert (Stanford University)
Mary Deacon (Chair, Bell Let’s Talk)
Dr. Vicky Stergiopoulos (Physician-in-Chief, CAMH)
Dr. Sylvain Roy (President, OPA)
Dr. Linda Maxwell (St. Michael’s Hospital)
1. Why should we measure?

2. Defining ‘effective measurement’?


- Higher likelihood that a client experiences reliable change
- Higher overall improvement in clinical symptoms
- Lower dropout or cancellation rates and 25% lower no-show rate

- Bohanske, R. T., & Franczak, M., "Transforming public behavioral health care: A case example of consumer-directed services, recovery, and the common factors" (2010)
Current State / Challenges

Key Questions
1. How are you measuring outcomes today?
2. What are the major challenges?

Issues Raised at NJHSA Conference Session
1. Clinician and admin time.
2. Managing multiple assessments and requirements.
3. Generating good data and having benchmarks.
4. Finding the time to implement and prioritize this.
Making the Data Actionable

1. **Care Coordination**: Shared file on each client with objective data.
2. **Case Management**: Identify off-track or high risk cases based on client results.
3. **Supervision and Training**: Objective data on each client to include in case consultations.
4. **Program Evaluation**: Understand which programs are most effective. And for which clients.
5. **Reporting to External Stakeholders**: Prove impact to funders. Stay ahead of VBP models.
As discussed with several NJHSA agencies:

1. **Shared learning** on agency change management and best practices.

2. **Shared data** on the clinical outcomes of programs / services to create benchmarks.

3. **Shared aggregate data** to increase the sample size when advocating externally.

4. **Drive product change** and customization.
Thank You

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