

# In Shifra's Arms

 $\dot{\Sigma}$  jewish support for the pregnant woman  $\dot{\Sigma}$ 

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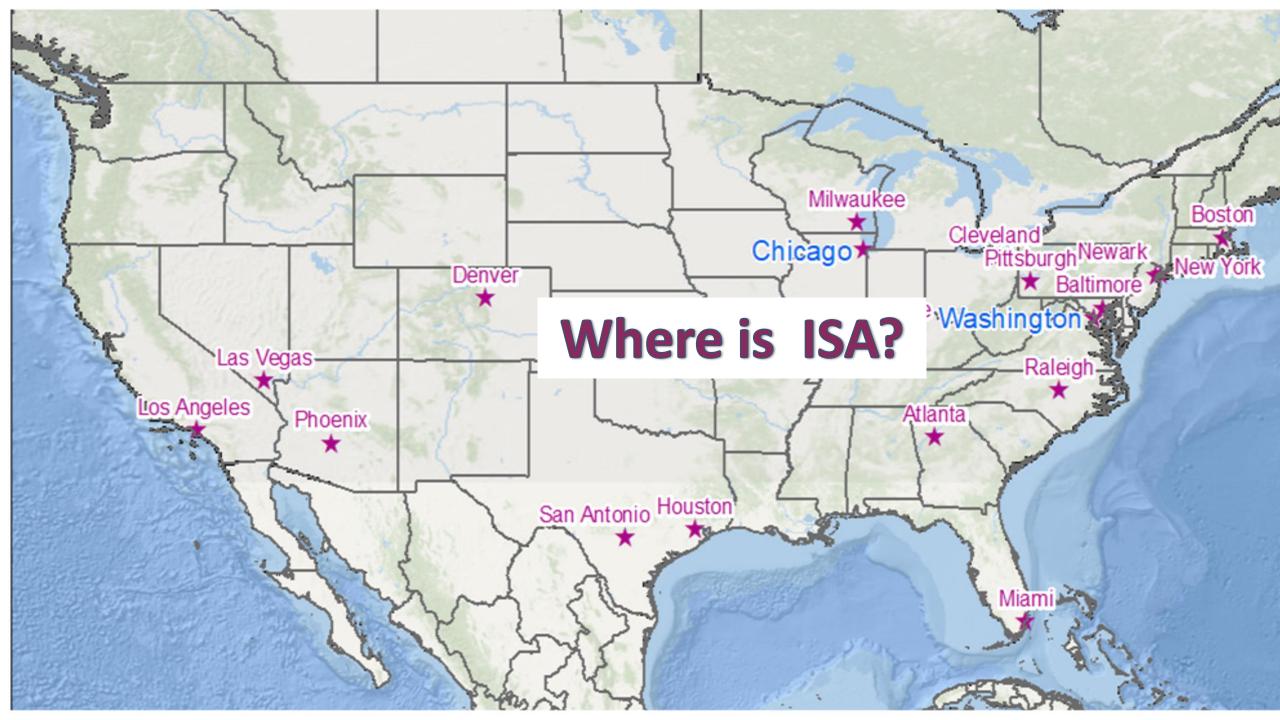
# Who Is "In Shifra's Arms"?



**Confidential Jewish Pregnancy Helpline:** Call 1-888-360-5872 or Text 646-632-8547 <u>https://jewishpregnancyhelp.org</u>

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PROFESSIONAL COUNSELING



Adoption Housing Pregnancy Loss





## ISA Counseling: Crisis Call

- Listen deeply
- Validate feelings
- Give clarity about ISA Services and support
- Explore creative problem-solving
- Sensitive Follow-Up





# ISA Counseling through First Birthday



- Regular follow-up calls on schedule that client requests
- Strengths-based approach developing:
  - Resilience
  - Self-care practices
  - Vision/plan for future





### **ISA Material & Financial Aid**

**Approach** 

•Custom, not "cookie cutter"

•Utilize donated goods/ volunteers

•Financial aid targeted to highest priority





## Most Common Requests

- Diaper grants for year
- Doula/ Post-partum doula
- Household help for moms
- Maternity/post-partum clothes
- Baby clothes/equipment

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### **Special Cases**



- Emergency Housing Grants
- Prenatal medical expenses (specialized cases\*\*)
- Childcare for specific purposes:
  - Education
  - Hypermesis Gravidarum

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Resource Guide	
Adoption 🗆	
Housing 🗆	
Pregnancy Loss □	

# **Community Connections**

- <u>Menucha@jewishpregnancyhelp.org</u> is Resource & Community Partnership Manager
- High priority on quality, personal referrals
- Require references for financial aid





# <u>Eligibility</u>

- Coping with a pregnancy crisis
  - Birth control failed, or
  - Major crisis during intended pregnancy
- Any trimester
- Typically are Jewish

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#### **Referrals**

- To discuss a potential referral, call or text: 646-632-8547
- Acting as a reference helps qualify a client for financial aid

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# Got Questions?

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