Caring from Afar: Family Resilience in COVID-19
Presented by JDC-Israel Ashalim
June 29, 2020
COVID-19 Case Study: Families First
System of Services and Support for Families Living in Poverty
Model with two levels of support

Intensive Intervention

Empowerment Centers

FAMILY

SOCIAL WORKER

MENTOR

COMMUNITY

FLEXIBLE FUNDS

PERSONAL PLAN
Intensive support: Areas of assistance

- Basic Needs
- Employment
- Benefits & Allowances
- Household Budget
- Individual & Family Capability
- Community as a Resource

Material Aspects
Financial Aspects
Symbolic-Relational Aspects
Families First Evaluation Results

More than 50% of families report an improvement in their social status.

- **Average increase in family income**: 58%
- **Of adults in permanent job**: 64%
- **Of adults opened new business**: 38%

Evaluation by ERI Institute
November 2018 Interim Report
COVID-19: How badly was family income hurt?

66% of mothers and fathers report an adverse change in employment status

(N = 2,521 previously employed)
COVID-19: How badly was emotional health affected?

Self-Report Adverse Effect:

- 31% of Children
- 33% of Men
- 37% of Women
Can we build family resilience in crisis?

Events / Changes
Pressure / Stress
Crisis
Adaptation & Reorganization

Resilience
- Social Capital
- Sufficient Material Resources
- Relationships, Communication & Attachment
- Worldview & Interpretation
- Routine & Rules, Boundaries & Roles
Four tips for re-opening

1. Maintain continuum from lockdown to re-opening
2. Increase sense of control & certainty
3. Be agile – respond quickly, seize opportunities
4. Stay task-oriented & emotionally engaged
Upcoming Offerings

July 7 @ 1 p.m. EDT  
Vision 2020: English for Advancement Program: A New Way of Delivering ESOL - NJHSA Pillar Innovation Award Winner (JVS Boston)

July 15 @ 1 p.m. EDT  
Vision 2020: Mobile Food Pantry - NJHSA Pillar Innovation Award Winner (JFCS Mercer County)

July 8 @ 1 p.m. EDT  
COVID-19 Agency Highlights & Intro to Year Two of the NJHSA Jewish Poverty Challenge

Registration links can be found in our newsletters or on our website: https://www.networkjhsa.org/.