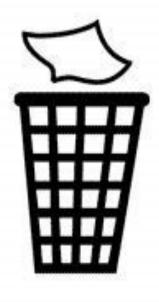
COVER YOUR COUGH

Use tissue to cover your mouth and nose when you cough or sneeze



or cover your cough or sneeze with your upper sleeve, not your hands Throw your tissue in the waste basket



Wear a surgical mask to protect others if asked



Stop the spread of germs!

Clean Your Hands



After coughing or sneezing wash for 20 seconds with soap and warm water or clean with hand sanitizer



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