




FOX

Geriatric House Calls: An Innovative Solution to an Age-Old Problem

Reva Farenback-Brateman, MSW, CDP
Geriatric Case Manager
Samost Jewish Family & Children's Services

Dr. William Dieter, PT, DPT, GCS, FSOAE
Director of PT Clinical Services
Director of the FOX Geriatric Residency in Physical
Therapy
FOX Rehabilitation



My Experience with Geriatric House Calls

Reva Farenback-Brateman MSW, CDP



Samost Jewish Family & Children's Service

Most services during the pandemic are provided virtually or by phone. Some are free or covered by insurance

- Social work assessment & case management
- Resource consultations
- Patient Partners - patient advocacy
- Therapeutic counseling
- Volunteers
- Take the Wheel - veteran transportation
- Catered home delivered meals
- Holocaust Survivor services
- Zoom groups
 - Café Connection- a memory cafe
 - LGBT Aging with Pride
 - Seeing It Through Together (low vision)
 - Widow/Widower Grief Support
 - Care Giver Support
 - Care Europa (Holocaust survivors)
 - Hope & Healing (Holocaust survivors)





Geriatric House Calls 101: Home-Based Outpatient Therapy

A third option exists within the post-acute continuum of care

NAVIGATING THE MEDICARE MAZE OF REHABILITATIVE SERVICES	HOME HEALTH AGENCY	GERIATRIC HOUSE CALLS	OUTPATIENT REHABILITATION
PAYOR SOURCE	Medicare Part A	Medicare Part B	Medicare Part B
LOCATION OF SERVICE	Patient's home	Patient's home	Clinic
MEDICARE REGULATORY QUALIFICATIONS	Homebound status required	Homebound or non-homebound patients accepted	NO homebound status required
EASE OF ACCESSIBILITY TO SERVICES IN RELATION TO REGULATORY QUALIFICATIONS	Good—homebound status required	Excellent—no requirements	Good—travel to clinic required
PATIENT'S INITIAL FUNCTIONAL STATUS	Poor, moderate, good, excellent	Poor, moderate, good, excellent	Good, excellent
GOAL	Progress functional level to transition to other services	Optimize function and safety in the home and community	Optimize function and safety in the community
FREQUENCY AND DURATION OF THERAPY	1-2x per week	2-3x per week	2-3x per week



Mentimeter

Do you currently work with a Geriatric House Calls (outpatient therapy in the home) provider?








Geriatric House Calls 101: Home-Based Outpatient Therapy

Physical, occupational, and speech therapists' education and scope of practice is wide-reaching

- Physical therapists
 - Clinical doctorate
- Occupational therapists
 - Master's degree with doctoral option
- Speech-language pathologists
 - Master's degree with doctoral option
- Management of chronic disease

How to Earn A Graduate Degree in PHYSICAL AND OCCUPATIONAL THERAPY?

GETTING STARTED	GO FURTHER
PREREQUISITES <ul style="list-style-type: none">✓ Bachelor of Science Degree✓ Minimum GPA✓ Courses in Anatomy, Biology,✓ Kinesiology & Physiology✓ Related Work Experience	CONTINUED EDUCATION <ul style="list-style-type: none"> Residency State Licensure / Certification Post-professional Doctor of Physical Therapy
AVERAGE PROGRAM LENGTH <ul style="list-style-type: none"> Master of Science in Occupational Therapy 2 - 3 years, full timeDoctor of Physical Therapy (DPT) 3 years, full time	

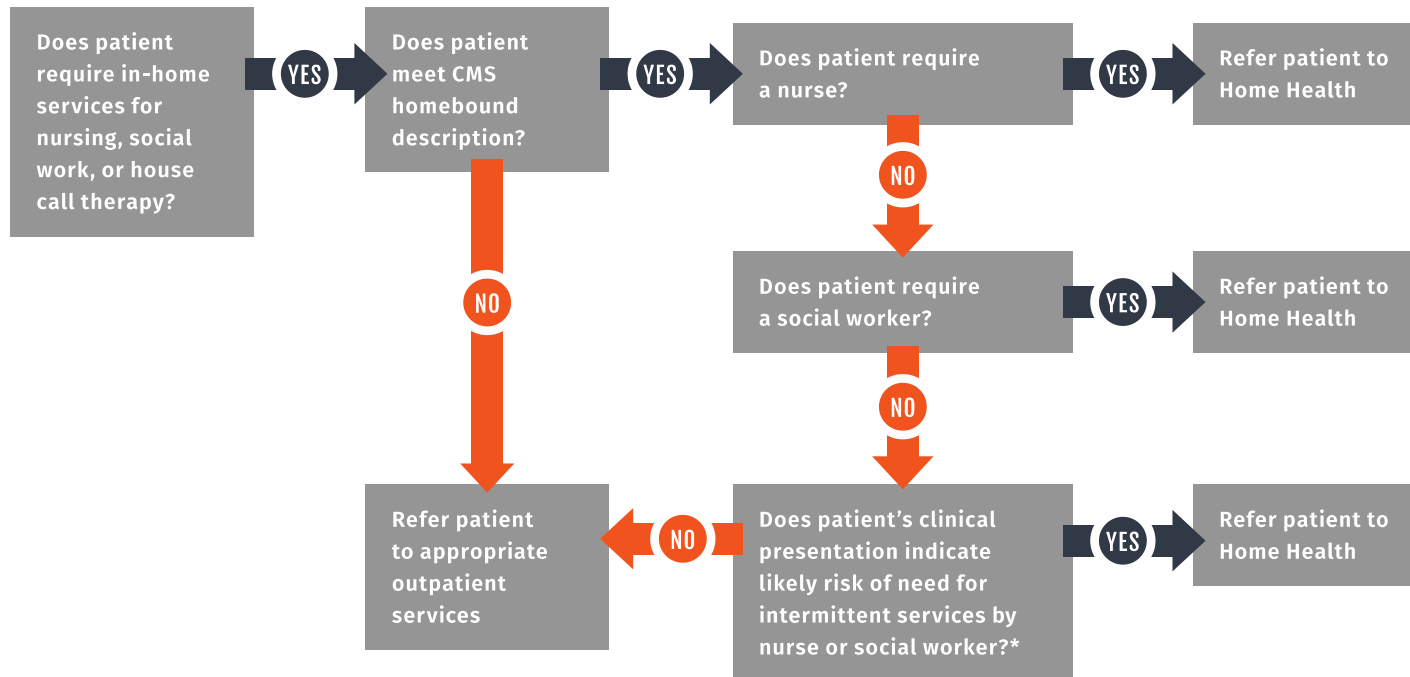
 Sources: bls.gov/oooh/healthcare/athletic-trainers.htm | bls.gov/oooh/healthcare/exercise-physiologists.htm | bls.gov/oooh/healthcare/occupational-therapists.htm | bls.gov/oooh/healthcare/physical-therapists.htm



Geriatric House Calls 101: Home-Based Outpatient Therapy

Some patients will require Medicare Part A Home Health

HOME HEALTH (MEDICARE PART A) VS. HOUSE CALL THERAPY (MEDICARE PART B)

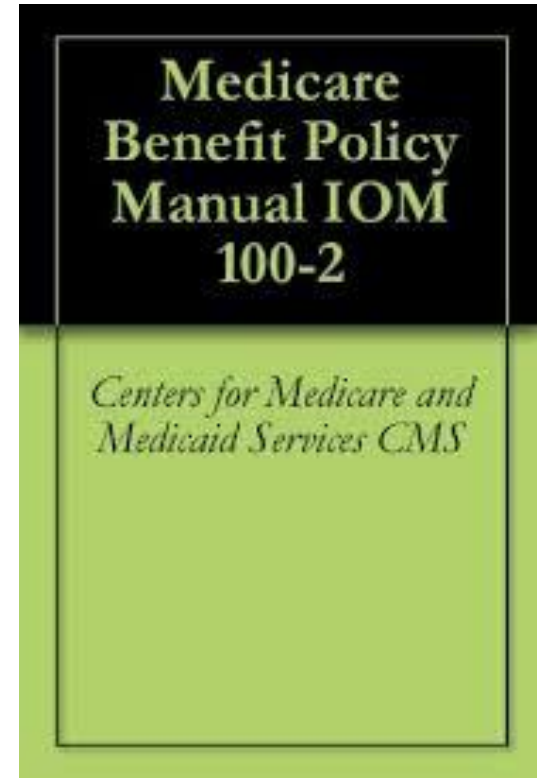


Legislation and Compliance of House Calls

The ability to provide outpatient services in a patient's home was introduced in the Balance Budget Act of 1998

- Therapy services are payable under the Physician Fee Schedule when furnished by:
 - A provider to its outpatients in the patient's home
 - A provider to patients who come to the facility's outpatient department
 - A provider to inpatients of other institutions
 - A supplier to patients in the office or in the patient's home (CORF rules differ on providing therapy at home)

(Rev. 179, Issued: 01-14-14, Effective: 01-07-14, Implementation: 01-07-14) Reference: 42CFR410.60



Optum is a Third-party CMS Qualified Entity

- FOX partnered with Optum Advisory Services to analyze the value of Geriatric House Calls



Typical Patient Profile

Patients receiving Geriatric House Calls are among the most vulnerable



Geriatric House Calls Patients



82

Average Age



2.61

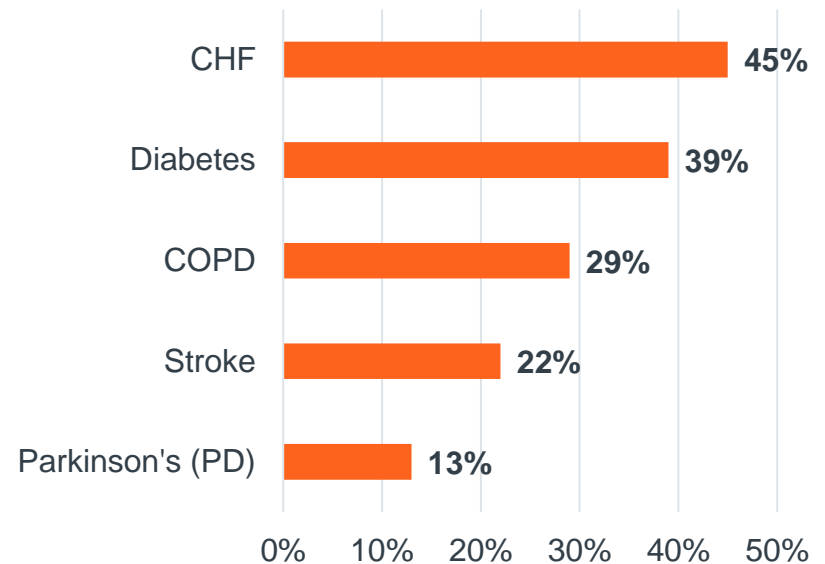
Average Risk Adjustment Factor (RAF)



65% | 35%

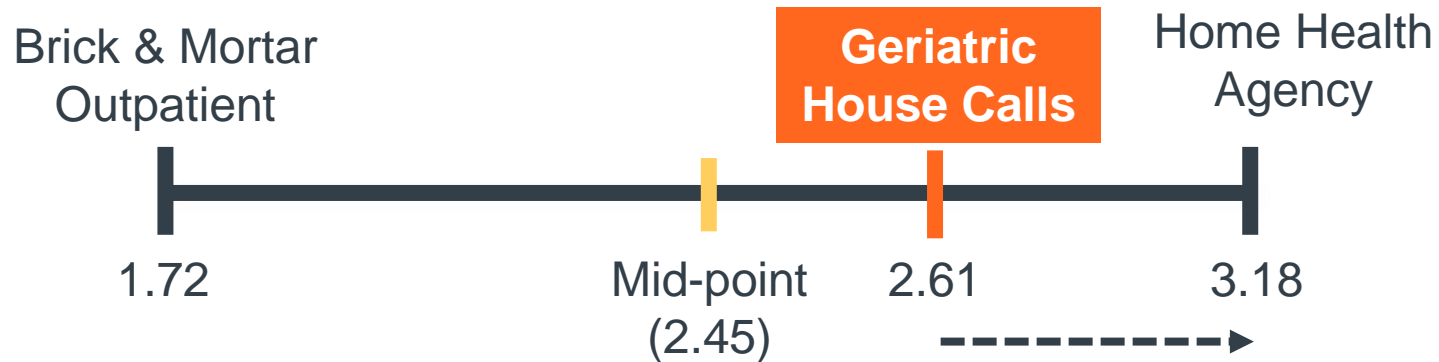
Living in Community vs. Senior Living

Chronic Conditions



Typical Patient Profile

Geriatric House Calls patients most closely resemble those seen in home health compared to typical outpatient settings



Clinical Advantages of Geriatric House Calls

Geriatric House Calls aligns the delivery model with best clinical practice

- Access and adherence
- Environmental
- Socioeconomic
- Goals
- Better inherent match with the evidence



Clinical Advantages of Geriatric House Calls

A growing body of evidence links admission risk with functional/physical capacity

- Fritz et al. 2011
 - More visits were associated with greater reduction in pain and improved outcomes
- Greyson et al. 2015
 - ADL impairment is a primary predictor of hospital re-admissions
- Falvey et al. 2016
 - Rehabilitation professions can reduce re-admission risk by coordinating care, being a primary care practitioner in the home, and maximizing physical functioning

Physical Therapy
Journal of the American Physical Therapy Association and
de Fysiotherapeut
Nederlandsche Vereniging voor Fysiotherapie

JAMA The Journal of the
American Medical Association

Physical Therapy
Journal of the American Physical Therapy Association and
de Fysiotherapeut
Nederlandsche Vereniging voor Fysiotherapie

Fritz et al. Utilization and clinical outcomes of outpatient physical therapy for Medicare beneficiaries with musculoskeletal conditions

Greyson et al. Functional impairment and hospital readmission in Medicare seniors

Falvey et al. Role of physical therapists in reducing hospital readmissions: optimizing outcomes for older adults during care transitions from hospital to community



Mentimeter

Do you currently work with patients that fit the Geriatric House Calls profile that would benefit from continued skilled rehabilitation?



Geriatric House Calls: Proof of Concept

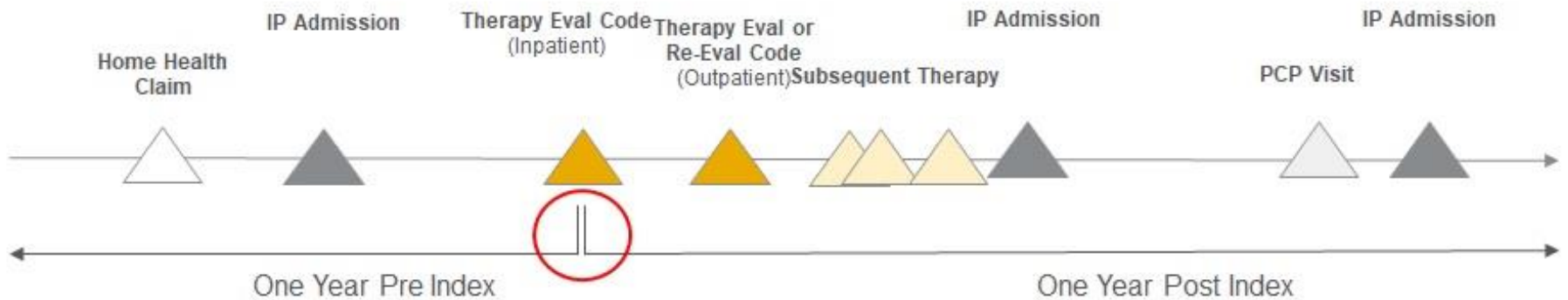
The third-party analysis was detailed and wide-reaching

- 100% sample of CMS claims data including Part A, Part B and hospice spend
 - Does not include
 - Part D pharmacy cost
 - Medicare Advantage
- States: Pennsylvania, New Jersey, and South Carolina
- N = 798,000 beneficiaries for overall analyses (9,337 within FOX)
 - Received therapy between July 1, 2015 – June 30, 2016 within the acute, sub-acute, home health or outpatient setting
 - Anchor event is the billing of a therapy evaluation
- Outcome is 12-month total cost of care differential
 - Geriatric House Calls vs other therapy (IP, sub-acute, HH or OP) only



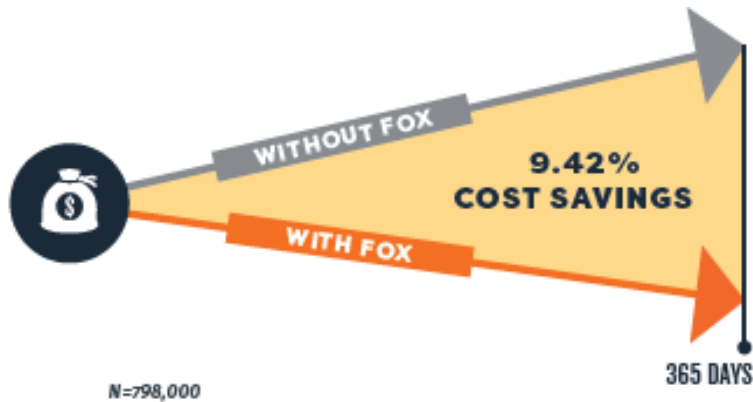
Geriatric House Calls: Proof of Concept

Any type of therapy evaluation served as the “indexing event” and total risk-adjusted cost of care (including therapy) was tracked



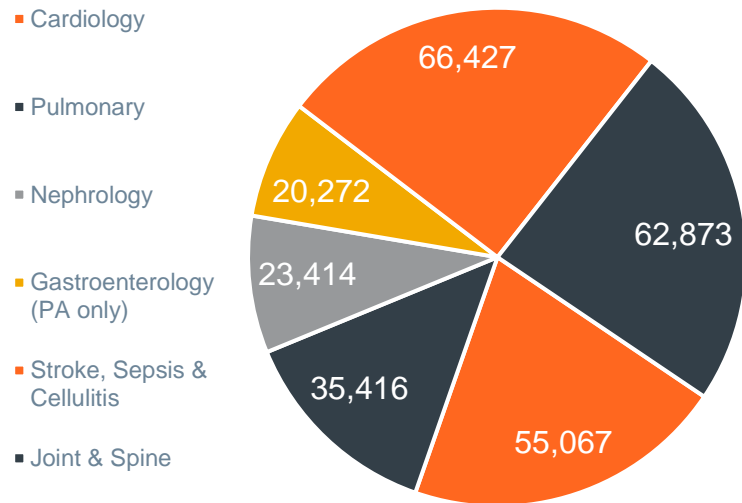
Geriatric House Calls: Proof of Concept

Geriatric House Calls are a valuable alternative or supplement to traditional models of post-acute rehabilitation



Geriatric House Calls: Proof of Concept

Total Bundle-Eligible Patients



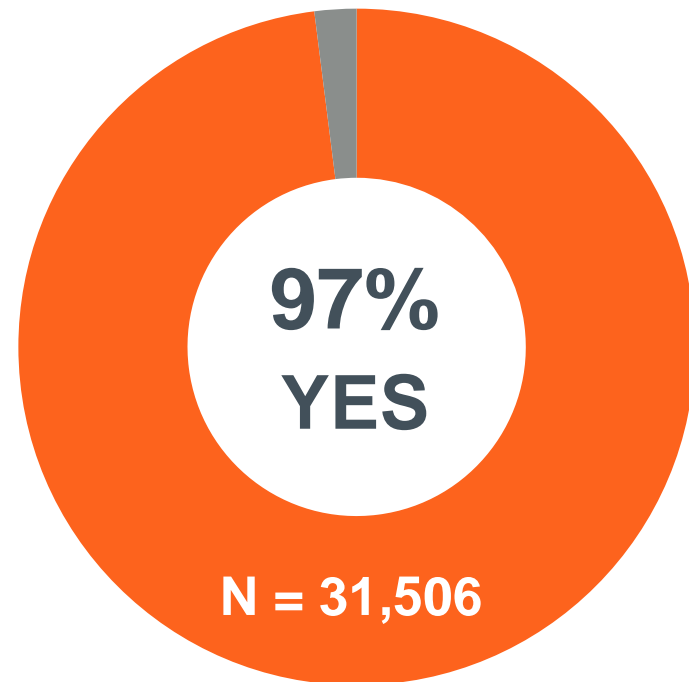
34%
Lower Costs in
Bundle Eligible Patients



Geriatric House Calls: Proof of Concept

Geriatric House Calls leave patients overwhelmingly satisfied

- A vast majority of older adult patients would recommend FOX Rehabilitation to a family member or friend.
- January 1, 2018 – June 30, 2020



Opportunity for increasing plan membership?



Webinar Takeways

- Need to better manage older adults outside of the traditional post-acute continuum and home-based outpatient therapy
- Geriatric House Calls is a valuable and viable option organizations should consider
 - Improve patient satisfaction
 - Provide care to high-risk older adults at home
 - Reduce hospital admissions and downstream healthcare costs
 - Enhance your continuum of care



Contact Information

rfbrateman@jfedsnj.org



William.Dieter@foxrehab.org





Questions & Answers



Thank you.