

Money Matters

Helping clients manage their budgets



Presented by:
Bonnie Unger
and
Mallory Ohayon
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L'argent
COMPTE

money
MATTERS

Fact or Fallacy?



Presentation outline

- ❖ Introduction 10 mins
- ❖ Live demonstration 40 mins
- ❖ Case studies 5 mins
- ❖ FAQ 10 mins
- ❖ Q & A and discussion 10 mins

Breaking the cycle of poverty

- ❖ Community Assistance Program (CAP)
- ❖ Filling shortfalls
- ❖ Incentive programming
- ❖ Questioning impact

Financial capacity building

- ❖ Economic consequences
- ❖ Measuring financial commitment
- ❖ Keeping up with financial obligations
- ❖ Due diligence and educated decision making

What is Money Matters and why does it matter?

- ❖ Three-pronged budgeting tool designed to:
 - ❖ Identify
 - ❖ Organize
 - ❖ Prioritize
 - ❖ Manage
- ❖ Beginning where the client is
- ❖ Integrating financial into our practice
- ❖ The budget as a tool

Budgeting & Social Work?

- ❖ Facts, reFraming, Feedback
- ❖ Turning abstract into concrete
- ❖ Identify, strategize, resolve
- ❖ Motivational and non-judgemental
- ❖ The 'lightbulb' moment
- ❖ Opening the clinical doors to dialogue

Stepping into our Money Matters World...



Client: 'Mallory'

- Mallory is a 27-year-old single female
- She has been living independently for 3 years
- Her gross annual income is \$42,000
- She falls short every month between \$500 and \$600
- Has credit card debts of \$8000
- She cannot afford her minimum payments, so interest is accruing
- Has not shared this with her fiancée or her parents
- Mallory has concerns about starting her marriage off in this way
- She has been referred to Money Matters

Case studies

❖ **Family R and Jen**

❖ **Sarah and Bill**

Most frequently asked questions

- ❖ What demographic population do you typically see in budgeting?
- ❖ How can budgeting help someone on Welfare when there is virtually nothing to budget?
- ❖ How can a client with a mental health or intellectual disability benefit from this program?
- ❖ Is budgeting appropriate for every client?
- ❖ For how long can a client be followed in budgeting?
- ❖ Do you work with other financial professionals?