



Wish of a Lifetime

Granting Wishes Since 2008

OVERVIEW

- Introduction
- Wish of a Lifetime's Mission + Vision
- Wish Granting Program
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MISSION

Our mission is to shift the way society views and values our oldest generations by fulfilling seniors' dreams and sharing their stories to inspire those of all ages.





VISION

We envision a world in which society embraces aging and the inherent wisdom that accompanies it, where seniors are celebrated for their accomplishments and sacrifices, and where intergenerational connections are part of our daily lives.

WISH OF A LIFETIME FROM AARP

Wish of a Lifetime from AARP is a 501c3 non-profit and a charitable affiliate of AARP.

Grant wishes for individuals 65+

We see granting wishes as a way to form a society in which we all want to age.

Over 2,000 wishes granted

[AARP](#) is the nation's largest nonprofit, nonpartisan organization dedicated to empowering Americans 50 and older to choose how they live as they age.

AARP is joining forces with Wish of a Lifetime to help more older adults achieve long held goals

THE NUMBERS + IMPACT

24% of adults ages 65-plus are socially isolated

Lack of social connection has been linked to:

Premature Mortality

Increased morbidities

Cardiovascular disease and stroke

Dementia and cognitive decline

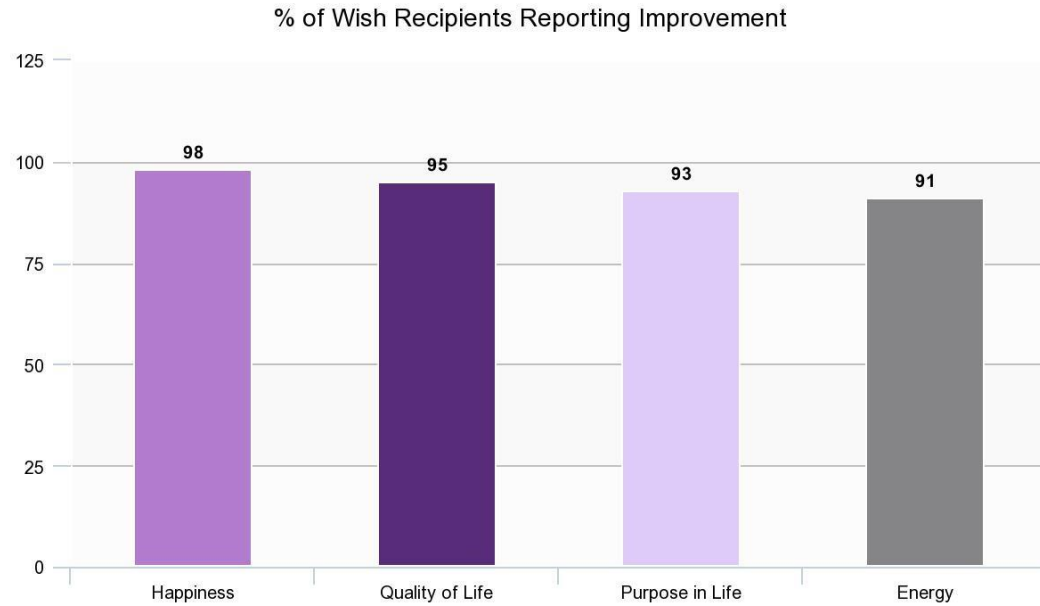
Chronic health conditions

Depression and anxiety

And more.

SOURCE: National Academies of Sciences, Engineering, and Medicine. *Social Isolation and Loneliness in Older Adults: Opportunities for the Health Care System*, Washington, DC: The National Academies Press, 2020. <https://doi.org/10.17226/25663>

We've learned from our Post-Wish Survey is that a wish is much more than a singular experience, it provides lasting mental and physical benefits as well.



Source: Wish of a Lifetime Survey data as of 1/21/20





WISHES TELL A STORY

I.A. Racing
www.laracingx.com



COMMEMORATING SERVICE

Honor older adults who have given back, by highlighting the stories of service members, outstanding volunteers, and those who have made sacrifices on the behalf of others.



CONNECTING LOVED ONES

We recognize the tremendous importance and impact of family bonds. These wishes give older adults the opportunity to create new everlasting memories with those that they hold dear to their hearts.



RENEWING + CELEBRATING PASSIONS

By renewing and celebrating older adult's passions, Wish of a Lifetime highlights the activities, experiences or interests that provided a constant source of purpose and enjoyment in their lives.



FULFILLING LIFELONG DREAMS

Whether it's doing something for the very first time, breaking through their comfort zone to experience something new, or realizing a childhood dream, these Wishes are often met with feelings of courage, accomplishment and hope.



Granting Wishes During COVID-19

- CDC guidelines as is appropriate
- Masks , face shields, and social distancing
- COVID-19 Testing
- Two-week quarantine
- Special accommodation can be made per request



OTHER PROGRAMS

Furthering Wish of a Lifetime's mission
+ vision



THE PROCESS

1. Identify Older Adults to Nominate
2. Complete and Submit Application at wishofalifetime.org/application/
3. WOL's team will review the Application
 - Focused on granting wishes for older adults who exhibit signs of mental, social, or physical isolation.
 - Team member will contact nominee for additional information and may contact you directly.
4. Formally approved wishes are granted
 - Wishes are vetted by the wish granting team and approved or denied based on our criteria by a third-party



WHO ARE WE LOOKING FOR?

- Individuals who have been provided services or are currently receiving services.
- Need or interest in something meaningful



GUIDELINES FOR QUALIFICATION

- ✓ Minimum Age of 65
- ✓ Legal Resident of the United States
- ✓ Unable to fulfill the Wish on your own
- ✓ Capable of experiencing the Wish
- ✓ Not convicted of a felony
- ✓ Able to obtain approval from a doctor, if necessary



IF A WISH IS GRANTED, WE COVER

Airfare

Food

Rental Car

Hotel

COVID-19 Precautionary Materials

Photographer

Passes/Tickets

Clothing

Companion to join the experience

Care staff if needed

All other supporting expenses as needed.





Submit Nominations by December 1st to Caitlin@wishofalifetime.org