NJY Teen Camp
Mental Health Professional

Under the supervision of the Director, the Mental Health Professional is the primary professional responsible for the development of successful mental health support structures for staff. This is a seasonal summer full-time non-exempt position, with part-time hours before summer session begins.

Specific responsibilities of the Mental Health Professional include, but are not limited to:

Before the summer season:
- Work with Directors on staff training and developing a plan for ongoing staff learning
- Work with Directors on updating staff evaluation forms, along with daily check-in forms for tracking wellness
- Participate in Foundation for Jewish Camp’s Community of Practice as part of our camp’s place in the Yedid Nefesh program, including two or three virtual gatherings and one in-person gathering per year with other Jewish camp mental health professionals

During the summer season:
- Be present at camp on-site for the full duration of camp (housing is provided), weaving yourself into the fabric of the camp community
- Assist counselors and unit heads in problem solving cases wherein campers need special support
- Serve as an emotional resource to staff as needed
- Communicate with supervisors and Directors to keep discussions open regarding staff issues
- Design and lead training for staff about camper care and self-care
- Create a plan for ongoing staff training on areas of mental health in camp
- Attend Leadership Team meetings
- Record notes about mental health interventions and situations, successes and challenges, in our camp database, and submit weekly reports to Foundation for Jewish Camp as part of our Yedid Nefesh program participation
- Facilitate discussions, when needed, between counselors, unit heads, and leadership staff, as a mediator

You Have:
- A Graduate or higher level degree in a mental health field; previous experience in a camp, school, or similar setting preferred.
- Experience supporting children, teenagers, and/or adult mental, emotional, social, and spiritual health - in proactive and reactive ways
- An ability to think critically and act swiftly in high stress situations
- Attention to detail in documentation and maintaining records
- Excellent written and verbal communication skills and comfort in communication with teens and young adults
- The inclination to be a caring, empathetic, patient, hardworking, and diligent professional who takes initiative and is creative, enthusiastic, open-minded, and high-energy
- Strong abilities to function both independently and as part of a team

The ideal candidate is interested in being in this role for at least 3 years while our camp participates in the Yedid Nefesh program. This relationship will be reviewed on a yearly basis.
during that time, with the hope that the relationship can continue beyond the 3 year grant program period.