



## Toby and Leon Cooperman Therapy & Family Resource Center

*"Those who work to strengthen the community will always be a source for good"* Pirkei Avot 2:2

## JFS Mission Statement

*Since 1979, Ruth & Norman Rales Jewish Family Services (JFS) has offered help, hope and humanity through our comprehensive range of programs and services which support people of all ages and beliefs.*

*With locations in Boca Raton and Delray Beach, JFS programs and services include food & financial assistance, senior services, counseling & mental health services, career & employment services, family & children's services and many volunteer opportunities.*

*Funding is provided by individuals, corporations, grants, special events and donors who support our mission and bring hope to thousands in need.*



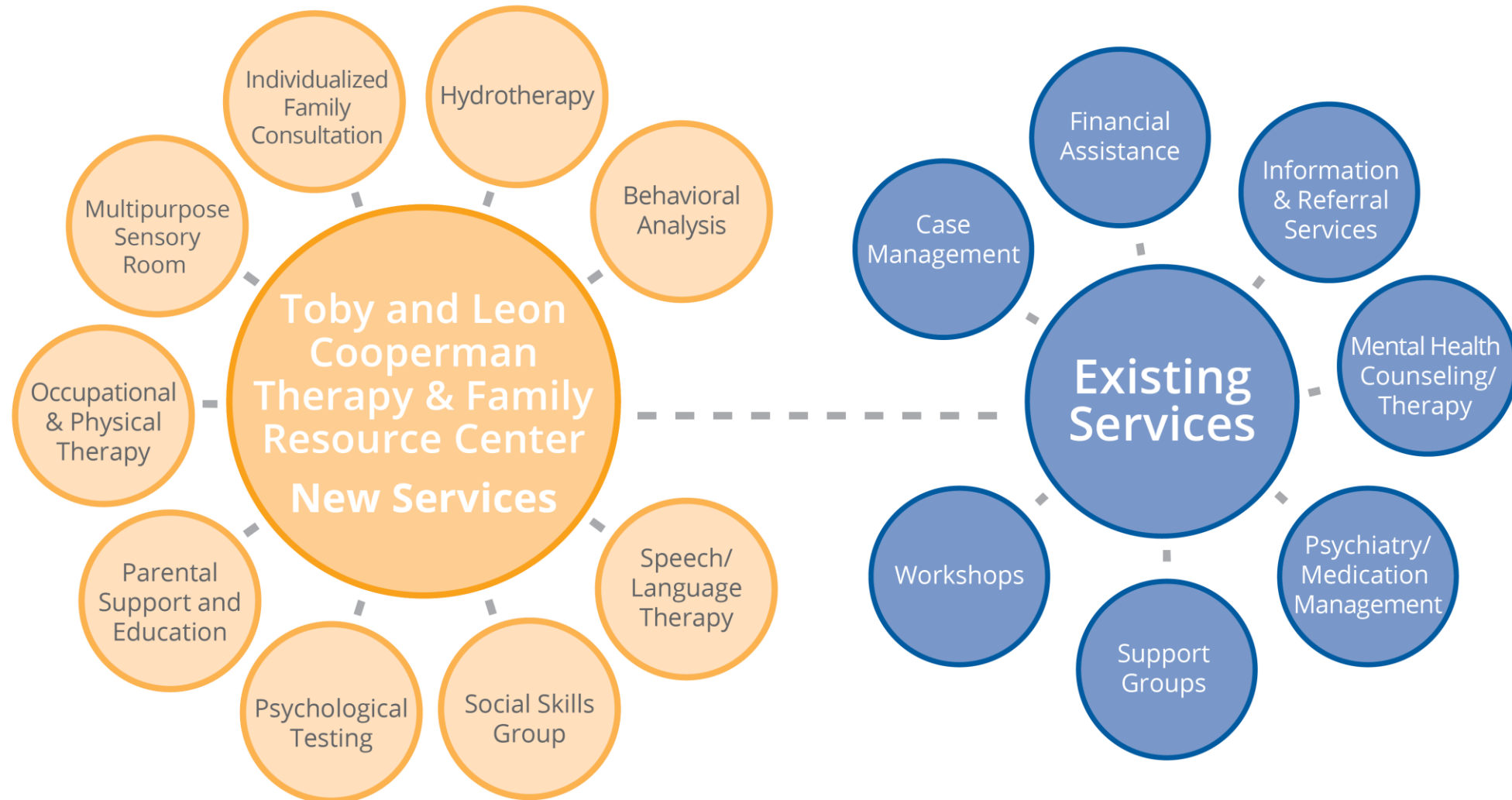
## Ruth & Norman Rales Jewish Family

**Services (JFS)** has transformed the services provided to families with children with varying needs and abilities, with generous seed funding from the Norman and Ruth Rales Foundation.

- Creating a “One Stop Shop” where **all family needs can be met in one place** and removing the barrier of affordable access.
- **Expanding services** currently provided to the community through our Special Needs Department.



# *Services Provided Through the Cooperman Center*



## Affordable Access to Comprehensive Therapies

- JFS is in the credentialing process and will soon **accept most major insurances**.
- **The majority of our families are in need of financial assistance** to help bridge the gap between what they can afford and the true cost of care.
- A large portion of the Center's budget is **dedicated to financial assistance**, so that no family is turned away.



# The objectives of the TFRC are to:



Provide children with varying needs and abilities affordable access to treatment and therapies that allow them maximum realization of their developmental, educational, and personal potential.



Equip parents and other caregivers with the necessary information and support to ensure a therapeutic continuum.



Provide the education and guidance needed to build stronger families.

## Why JFS?

- **Provides support** through our spectrum of programs which serve the entire family.
- **Offers a variety of services** from a centralized location, the burden to families will be reduced while access to care will be greatly improved.
- Based upon a long history of strong community collaboration, **JFS is easily able to partner with other agencies**, schools and programs that also serve children with special needs.



*Results from Community Survey of Families with Special Needs*

**In addition to private insurance, JFS will be offering therapies on a sliding scale. Is cost a factor in your ability to access needed therapies and supports?**

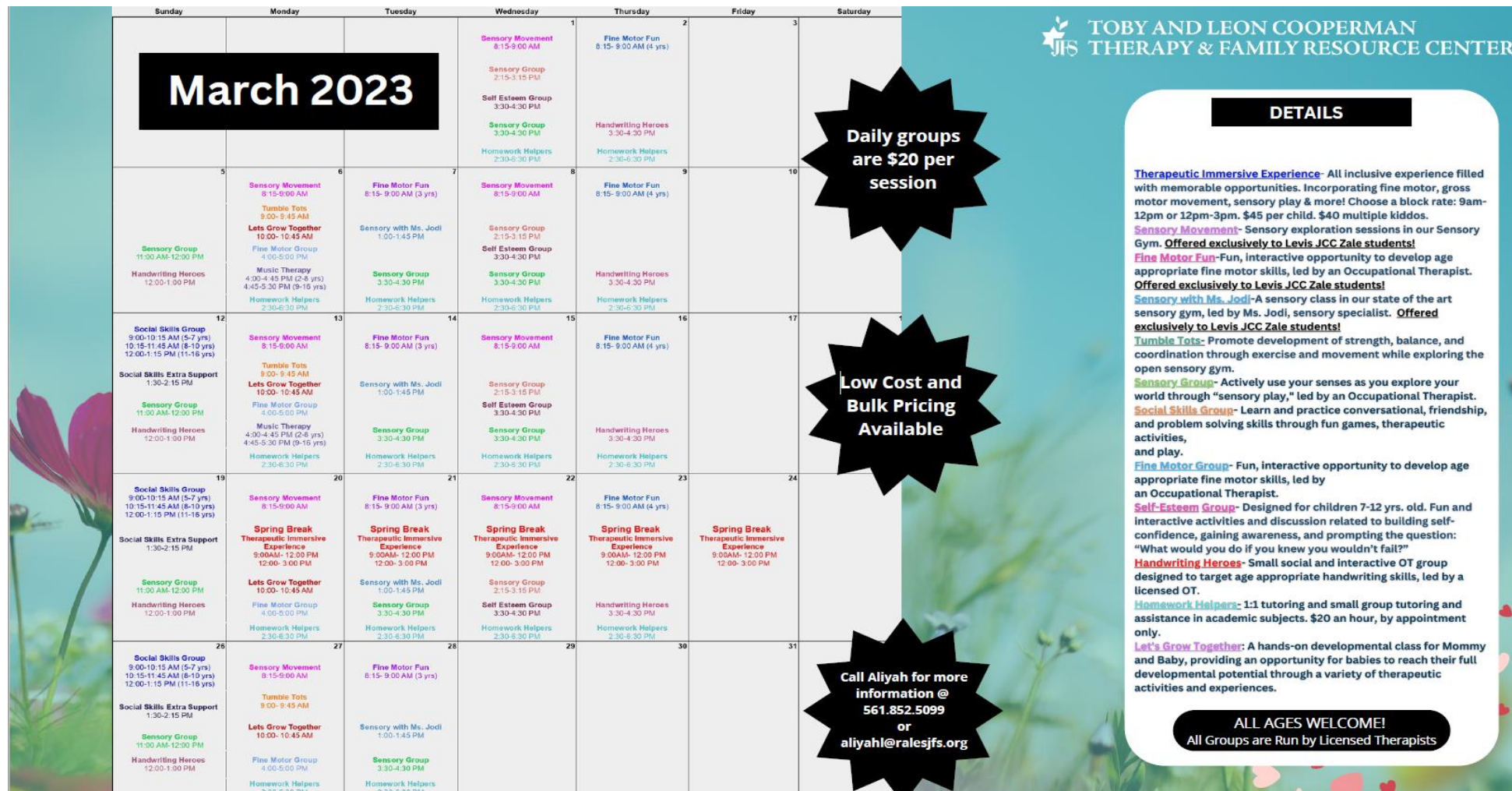




## Why Now?

- Recent estimates in the United States show 1 in 6 — or about **17% of children aged 3 through 17 years— have at least one developmental disability**. This is an increase over the prior two reporting periods.
- Locally, the School District of Palm Beach County has reported that **31,700 children in grades K-12 have a developmental or intellectual disability**. The pandemic has only compounded challenges and the burden to pay for much-needed therapies is often out of reach for many families.





**TOBY AND LEON COOPERMAN  
THERAPY & FAMILY RESOURCE CENTER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2023			<b>Sensory Movement</b> 8:15-9:00 AM  <b>Sensory Group</b> 2:15-3:15 PM  <b>Self Esteem Group</b> 3:30-4:30 PM  <b>Sensory Group</b> 3:30-4:30 PM  <b>Homework Helpers</b> 2:30-6:30 PM	<b>Fine Motor Fun</b> 8:15-9:00 AM (4 yrs)    <b>Handwriting Heroes</b> 3:30-4:30 PM  <b>Homework Helpers</b> 2:30-6:30 PM		
	<b>Sensory Movement</b> 8:15-9:00 AM <b>Tumble Tots</b> 9:00-9:45 AM <b>Lets Grow Together</b> 10:00-10:45 AM <b>Fine Motor Group</b> 4:00-5:00 PM  <b>Sensory Group</b> 11:00 AM-12:00 PM  <b>Handwriting Heroes</b> 12:00-1:00 PM	<b>Fine Motor Fun</b> 8:15-9:00 AM (3 yrs)  <b>Sensory with Ms. Jodi</b> 1:00-1:45 PM  <b>Sensory Group</b> 3:30-4:30 PM  <b>Homework Helpers</b> 2:30-6:30 PM	<b>Sensory Movement</b> 8:15-9:00 AM  <b>Sensory Group</b> 2:15-3:15 PM <b>Self Esteem Group</b> 3:30-4:30 PM  <b>Sensory Group</b> 3:30-4:30 PM  <b>Homework Helpers</b> 2:30-6:30 PM	<b>Fine Motor Fun</b> 8:15-9:00 AM (4 yrs)    <b>Handwriting Heroes</b> 3:30-4:30 PM  <b>Homework Helpers</b> 2:30-6:30 PM		
<b>Social Skills Group</b> 9:00-10:15 AM (5-7 yrs) 10:15-11:45 AM (8-10 yrs) 12:00-1:15 PM (11-16 yrs)  <b>Social Skills Extra Support</b> 1:30-2:15 PM  <b>Sensory Group</b> 11:00 AM-12:00 PM  <b>Handwriting Heroes</b> 12:00-1:00 PM	<b>Sensory Movement</b> 8:15-9:00 AM <b>Tumble Tots</b> 9:00-9:45 AM <b>Lets Grow Together</b> 10:00-10:45 AM <b>Fine Motor Group</b> 4:00-5:00 PM  <b>Music Therapy</b> 4:00-4:45 PM (2-8 yrs) 4:45-5:30 PM (9-16 yrs) <b>Homework Helpers</b> 2:30-6:30 PM	<b>Fine Motor Fun</b> 8:15-9:00 AM (5 yrs)  <b>Sensory with Ms. Jodi</b> 1:00-1:45 PM  <b>Sensory Group</b> 3:30-4:30 PM  <b>Homework Helpers</b> 2:30-6:30 PM	<b>Sensory Movement</b> 8:15-9:00 AM  <b>Sensory Group</b> 2:15-3:15 PM <b>Self Esteem Group</b> 3:30-4:30 PM  <b>Sensory Group</b> 3:30-4:30 PM  <b>Homework Helpers</b> 2:30-6:30 PM	<b>Fine Motor Fun</b> 8:15-9:00 AM (4 yrs)    <b>Handwriting Heroes</b> 3:30-4:30 PM  <b>Homework Helpers</b> 2:30-6:30 PM		
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Daily groups are \$20 per session

Low Cost and Bulk Pricing Available

Call Aliyah for more information @  
561.852.5099  
or  
aliyah@ralesjfs.org

### DETAILS

**Therapeutic Immersive Experience**- All inclusive experience filled with memorable opportunities. Incorporating fine motor, gross motor movement, sensory play & more! Choose a block rate: 9am-12pm or 12pm-3pm. \$45 per child. \$40 multiple kiddos.

**Sensory Movement**- Sensory exploration sessions in our Sensory Gym. **Offered exclusively to Levis JCC Zale students!**

**Fine Motor Fun**-Fun, interactive opportunity to develop age appropriate fine motor skills, led by an Occupational Therapist. **Offered exclusively to Levis JCC Zale students!**

**Sensory with Ms. Jodi**-A sensory class in our state of the art sensory gym, led by Ms. Jodi, sensory specialist. **Offered exclusively to Levis JCC Zale students!**

**Tumble Tots**- Promote development of strength, balance, and coordination through exercise and movement while exploring the open sensory gym.

**Sensory Group**- Actively use your senses as you explore your world through "sensory play," led by an Occupational Therapist.

**Social Skills Group**- Learn and practice conversational, friendship, and problem solving skills through fun games, therapeutic activities, and play.

**Fine Motor Group**- Fun, interactive opportunity to develop age appropriate fine motor skills, led by an Occupational Therapist.

**Self-Esteem Group**- Designed for children 7-12 yrs. old. Fun and interactive activities and discussion related to building self-confidence, gaining awareness, and prompting the question: "What would you do if you knew you wouldn't fail?"

**Handwriting Heroes**- Small social and interactive OT group designed to target age appropriate handwriting skills, led by a licensed OT.

**Homework Helpers**: 1:1 tutoring and small group tutoring and assistance in academic subjects. \$20 an hour, by appointment only.

**Let's Grow Together**: A hands-on developmental class for Mommy and Baby, providing an opportunity for babies to reach their full developmental potential through a variety of therapeutic activities and experiences.

ALL AGES WELCOME!  
All Groups are Run by Licensed Therapists

## Project has been endorsed by...

*“As your community partner in serving the needs of families and their children with developmental disabilities, I can confirm that a “one stop shop” for families to access therapies and other wrap-around services is needed in our community. We fully support your idea.”*

**- Ali Landman, Director,  
Levis JCC Schwedelson Special Needs Department**



**Adolph & Rose Levis  
Jewish Community Center**

## Project has been endorsed by...

*“The creation of the Toby and Leon Cooperman Therapy & Family Resource Center would fill a niche that is sorely lacking in our community. Almost weekly, one of my friends, neighbors, or associates share stories of their own special needs journey. A “one-stop shop” where we could access all of the varying therapy modalities, with managed care and resources for the entire family, would enable my family and our community to thrive.”*

**- Parent of two children with special needs**



## Project has been endorsed by...

*“Having a one stop shop is invaluable for us, especially since we just moved to a new community where we didn’t know how to navigate all the resources out there.*

*In addition, we greatly appreciate the financial assistance we’ve received. Having a special needs kid costs a lot of money. If it wasn’t for the sliding scale, we would have to pick and choose which services we could afford. Thanks to the Cooperman Center, we now have top quality care for our son at prices that we can work within our budget.*

*We are thankful to the donors out there who have made this possible. It means a great deal that our Jewish community has prioritized resources for families with special needs kids.”*

*With deep appreciation,  
Matt and Rabbi Samantha Kahn*



## Project has been endorsed by...

*“We wanted to thank you first so much for all of your support, love and help with our sons Zohar & Nesher. Because of the care and love you have given to our sons, they have made so much progress towards their developmental goals, and will continue to do so.”*

*With love,  
The Dallal Family*



## Project has been endorsed by...

*“One of the major issues families face when raising a child with disabilities is the stress and strain they experience financially and emotionally through their child’s lifetime. FAU CARD supports JFS in this new and much needed initiative.”*

**- Maryellen Quinn-Lunny, Director,  
FAU Center for Autism and Related Disabilities**







Three-year-old twins Zohar, left and Nesher Dallal, right, pop soap bubbles with their mother Jardana Dallal in a playroom at the Toby and Leon Cooperman Therapy & Family Resource Center.

## *Multi-Purpose Sensory Room*







## Current Statistics (as of 3/23)...

- Current Clients receiving Individual Therapies- 96
- 92% of clients receive Financial Assistance
- Offering services in Center, as well as in 6 local schools currently
- Groups offered:
  - Social Skills Groups- Ages 3-4, 5-7, 8-11, 12-16
  - Fine Motor Skills, Handwriting Heroes, Sensory & Sensory Movement
  - Activities of Daily Living and Movement Groups
  - Morning and Afternoon Enrichments
  - Homework Helpers
  - Music Therapy
  - Let's Grow Together for Mommies and Me, Tumble Tots for Toddlers
- Supporting the Community by offering Parent and Teacher in-service trainings on Behavioral Management, as well as OT and Speech Screenings at no cost





## For additional information, contact:

### **Aliyah Longhurst, LMFT, BCBA**

Vice President, Toby and Leon Cooperman  
Therapy & Family Resource Center

### **Ruth & Norman Rales Jewish Family Services, Inc.**

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