



Job Description

Basic Information

Job Title: Psychotherapist

Program/Dept: Counseling

Responsible to: Counseling Manager

Responsible for: N/A

Hours/week: 37.5

Exempt: Non-Exempt:

Telework:

Summary

Join our team of counselors who are as compassionate in our service to our clients as we are passionate about providing high-quality therapy. The JFCS counseling team offers a collaborative, fun and supportive environment to nurture your professional growth. As a team, we find meaning in supporting clients as well as each other!

The Psychotherapist represents the values and mission of JFCS in consistently delivering excellent, person-centered psychotherapy to address the needs and goals of individuals across the lifespan. This includes addressing issues of depression, anxiety, relationships and attachment, trauma, gender identity, mindfulness, self-esteem, and grief & loss. In collaboration with each client, the psychotherapist will incorporate strengths-based, evidence-informed approaches in order to sustain healthy relationships, ease suffering, and offer support. The primary duties of this role include the assessment and treatment of individuals, couples, families, and groups.

Team members will have the opportunity to identify and cultivate opportunities for innovative growth and to develop relationships within the agency and the larger community in an effort to build a vibrant and diverse caseload. As a member of the Counseling team the psychotherapist will provide feedback, support, and consultation for other team members and agency staff, and will participate in supervision and offering and receiving training.

Clinicians who are Jewish are strongly encouraged to apply, however applicants of all backgrounds are welcome!

Agency Information

JFCS is a multi-faceted human services agency with the mission to provide essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering and offer support in times of need. JFCS is a place where you can put your values to work every day. You will be able to:

- Make a positive difference in the lives of others
- Feel energized to give your best effort and enjoy a healthy work/life balance
- Learn, grow, and accomplish new things

JFCS serves and employs people of all cultures and faith traditions and highly values inclusion and diversity. All qualified applicants will receive consideration for employment without regard

to race, color, religion, sex, sexual orientation, gender identity, national origin, disability, or status as a protected veteran. AA/EOO

Salary and Benefits

- Annual salary of \$72,462-\$75,562
- Work-life balance including vacation, wellness leave (sick time), paid family and medical leave, holidays, flexible schedule, and a hybrid working schedule with the ability to work from home up to 60% of the time
- Competitive benefits package including medical insurance, 401(k) with match, life and long-term disability insurance, and access to other benefits including vision, dental, and pet insurance

Essential Functions/Approximate Time

Short- and Long-Term Psychotherapy (65%):

- Assess client needs and goals, develop a treatment approach, and provide psychotherapy to individuals, couples, families, and groups

Documentation (20%):

- Maintain accurate and timely clinical records, correspondence and reports as required by JFCS
- Coordinate care as needed
- Additional duties as time and counseling department require

Supervision/Administration (10%):

- Participate in weekly counseling team consult, weekly 1:1 supervision and all-staff meetings
- Additional duties as time and counseling department required

Outreach (5%):

- Develop relationships within and outside of the agency to cultivate intentional referral and community partners
- Engage in opportunities to showcase clinical expertise (e.g., presentations, blog posts or articles)

Work Environment/Physical Demands

Indoor office environment for most work, at JFCS and in the community. Combination of walking, sitting, and standing in an office setting. Frequent written and oral communication. Occasional lifting, stooping, kneeling, bending, or climbing. Works with and around others. Daily use of computer, telephone, and other office equipment. Regular evening appointments one day per week. This position requires transportation to participate in occasional meetings and other appointments in the community. Awareness of and ability to manage time to meet deadlines and complete work. Basic computer skills (Word, Excel, email, and case note data entry and oversight). Occasional lifting of up to 15 pounds.

Education and Licensing

- Master's or doctoral degree in psychology, social work, or related field from an accredited graduate program
- Minnesota professional license at the LICSW, LP, LMFT, or LPCC level

Experience

- Minimum of two years of experience providing psychotherapy to individuals, couples, families, and groups on a wide range of clinical issues
- Specific expertise with certain populations (e.g., children, adolescents, couples, families, substance abuse, ADHD, SPMI, LGBTQIA+) or specializations (e.g., DBT, somatic, trauma-informed, play therapy or expressive therapies) highly encouraged to apply
- Experience developing relationships with people from diverse backgrounds such as differences related to culture, religion, financial resources, race, national origin, age, gender, gender identity and expression, sexual orientation, and abilities
- Competence in client confidentiality and HIPAA practices
- Proficient user of electronic health record systems with ability to keep accurate and timely records
- Experience providing therapy in-person and virtually preferred

Additional Information

This job description is not designed to cover or contain a comprehensive listing of activities, duties or responsibilities that are required of the employee. Duties, responsibilities and activities may change, or new ones may be assigned at any time with or without notice.

How to apply

Submit your resume online [here](#)